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4.9 Star Ratings on Google

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MSME REGISTRATION NUMBER: UDYAM-MH-18-0304703

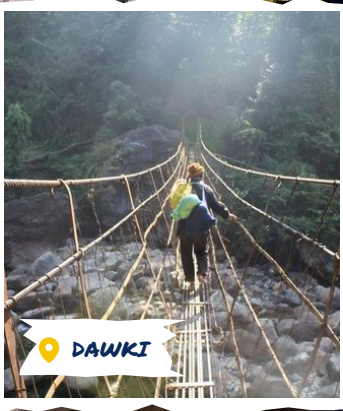
MEGHALAYA

with a Nongriat Stay (6 Nights / 7 Days)

SHILLONG | DAWKI | MAWLYNNONG | CHERRAPUNJEE | NONGRIAT

7 Days
PREMIUM MEGHALAYA TOUR









07 Days
From Guwahati

Starting From
₹0/-
Per Person
(group Tour Ex Guwahati)

BOOK YOUR TRIP

4.9
Google Rating

1000+
Happy Travellers

MSME
Registered

Since
2016

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Why This Trip with BACKPACKER TOURS?

A slow 7-day Meghalaya trip: riverside camping at Dawki, kayaking and cliff jumping, Mawlynnong, caves and waterfalls around Cherrapunjee, and a night in Nongriat by the double-decker living root bridge.



What Makes This Trip Special?

- Riverside camping at Dawki, with kayaking and cliff jumping in Asia's cleanest river.
- A night in Nongriat, with the double-decker root bridge when it is not crowded.
- Phe Phe, Krangsuri, Rainbow, Weisawdong and Nohkalikai waterfalls, plus the Blue Lagoon.
- Caving in Mawsmai and the marine fossil Arwah caves.
- Mawlynnong, the cleanest village in India, and the bamboo trek at Mawryngkhang.
- A slow itinerary with a leisure day in Cherrapunjee.

About the Trip

Camp on the less crowded beach of Dawki, kayak in one of Asia's cleanest rivers and go cliff jumping. Stay in valley-view properties in Dawki, Nongriat and Cherrapunjee. Spend a night in Nongriat and see the double-decker root bridge when it is not crowded, a chance to explore a local and raw side of Meghalaya. Visit Phe Phe Falls, Krangsuri Falls, Rainbow Falls, Blue Lagoon, Weisawdong Falls and Nohkalikai Falls, and go caving in Arwah and Mawsmai. Suited to anyone who loves a slow itinerary and exploring nature peacefully. Kaziranga can be added to this plan, with 2 extra days of travel.

Mountains
People
Places
Memories
Forever

Trip Snapshot

Duration	Accommodation	Meals	Transport	Pickup
7 Days	Homestays, hotel & campsite	6 breakfasts & 6 dinners	Private 12 or 20-seater minibus	Guwahati Airport

Snowy Roads
Happier Stories



Day-Wise ITINERARY

7 Days Meghalaya Tour

DAY 1 Guwahati to Shillong (5 hrs)

- Airport pickup at noon.
- Drive from the airport to Shillong, with a stop at the Umiam Lake viewpoint.
- In Shillong, visit Police Bazaar for shopping and dinner.
- Night stay in Shillong.
- Places to visit: Umiam Lake and Shillong market.

Meals: Dinner **Overnight: Hostel, Shillong**

DAY 2 Shillong, Phe Phe Falls, Krangsuri Falls and Dawki camping

- After breakfast, explore Phe Phe Falls, one of the less explored and less crowded waterfalls.
- Spend time at Krang Suri Falls. You can also try the famous local Khasi food here.
- Proceed to the Umngot River at Dawki. Dawki-Tamabil is an open border between Bangladesh and India, used mainly for coal and stone transport. Cross the old Dawki suspension bridge, built by the British in 1932.
- Overnight riverside camping at Dawki. The campsite is in a secluded village, with no tourists around, for a purely local experience.
- Places to visit: Krangsuri Falls, Dawki river camping, Phe Phe Falls, Tamabil border.

Meals: Breakfast, Dinner **Overnight: Campsite, Dawki**

DAY 3 Dawki to Mawlynnong

- Take a dip in the cleanest river of Meghalaya. You can go kayaking and cliff jumping here.
- Check out from the campsite and visit the cleanest village of India. Have lunch, then start the journey towards Cherrapunjee.
- Night stay in Mawlynnong.
- Places to visit: the cleanest river of Meghalaya, and Mawlynnong, the cleanest village in India.

Meals: Breakfast, Dinner **Overnight: Homestay, Mawlynnong**

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Snowy Roads Happier Stories

Day-Wise ITINERARY

7 Days Meghalaya Tour



DAY 4 Bamboo trek and waterfalls in Cherrapunjee

- After breakfast, drive to Mawryngkhang for a bamboo trek, a thrilling experience with great local artwork.
- Visit the Mawsmai limestone cave and the Arwah marine fossil caves.
- Visit Weisawdong Falls, a 3-step waterfall reached by a walk in the forest. If you miss any visit today, it can move to the next day, as there is a leisure day in Cherrapunjee.
- Night stay at a hotel in Cherrapunjee.
- Places to visit: Arwah Caves, Mawsmai Cave, Seven Sisters Falls and Weisawdong Falls.

Meals: Breakfast, Dinner **Overnight: Hotel, Cherrapunjee**

DAY 5 Sohra to the double-decker root bridge trek

- Start early at 8:00 AM from Sohra and drive to Tyrna, where the trek to the double-decker root bridge begins.
- The Double Decker Root Bridge is one of the most famous places for trekkers in Meghalaya. We also visit Rainbow Falls.
- We stay one night in Nongriat.
- Places to visit: Rainbow Falls, Blue Lagoon and the Double Decker Root Bridge.

Meals: Breakfast, Dinner **Overnight: Homestay, Nongriat**

DAY 6 Nongriat to Cherrapunjee

- Take a bath in the natural swimming pool of Nongriat. Go for a morning walk to Double Nongriat village.
- After breakfast, start the return hike to the base village and drive to Cherrapunjee.
- In the evening, go to Nohkalikai Falls. Night stay in Cherrapunjee.
- Places to visit: Nohkalikai Falls and a leisure day in Sohra.

Meals: Breakfast, Dinner **Overnight: Hotel, Cherrapunjee**

Trip Snapshot

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Day-Wise ITINERARY

7 Days Meghalaya Tour



DAY 7 Cherrapunjee to Guwahati

- Start the return journey after breakfast.
- Drive back to Guwahati Airport. Book your return flight after 6:00 PM.
- Adios to the mountains and fellow trip mates.

Overnight: Ends in Guwahati

Trip Snapshot

Duration	Accommodation	Meals	Transport	Pickup
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Snowy Roads Happier Stories

Inclusions & EXCLUSIONS

Everything You Need to Know Before You Travel

What's Included

- Stay on a twin sharing basis in a homestay or hotel.
- Vegetarian meals: 6 breakfasts and 6 dinners.
- 2 nights in a Cherrapunjee hotel.
- 1 night at the Dawki campsite.
- 1 night in a Shillong hostel.
- 1 night in a Nongriat homestay.
- 1 night in Mawlynnong.
- All places of visit as per the itinerary.
- Travel from Guwahati to Guwahati by private vehicle.

What's Not Included

- Any items or services not specifically mentioned under inclusions.
- Entry fees to any monument.
- Visiting any place not listed in the itinerary (extra charges apply).
- Evacuation charges and damage of any nature.
- Costs from unforeseen circumstances such as bad weather, landslides, road conditions and other circumstances beyond our control.
- Personal expenses, laundry, phone calls, personal medicines, alcoholic beverages and entry tickets.
- Transport from your hometown to Guwahati and back.
- Tips for the local guide and support staff.



Travel Information

Pickup	:	Guwahati Airport
Drop	:	Guwahati Airport
Duration	:	7 Days
Accommodation	:	Homestays, hotel & campsite
Meals	:	6 breakfasts & 6 dinners
Transport	:	Private 12 or 20-seater minibus

Travel Smart · Travel Safe · Travel Together

Trip Snapshot

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Snowy Roads Happier Stories

Moments from MEGHALAYA

Breathtaking landscapes, charming villages, new friendships and unforgettable experiences — a journey captured in moments.


Shillong


Dawki


Mawlynnong


Cherrapunjee


Nongriat



Our Story

We started as three friends who kept getting asked to plan everyone else's Himalaya trips. Nine years on, it's a full-time team of captains, drivers and a support desk that actually picks up — still doing exactly what we started with. No white-labelled itineraries and no routes we haven't driven ourselves. If a batch runs under the Backpacker Tours name, someone on our team has led it before.



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Snowy Roads
Happier Stories



Please Read
IMPORTANT NOTES

Before you join us

- Meet at Guwahati Airport at 12:00 PM on Day 1. Please do not be late.
- On the last day we reach Guwahati by about 3:00 PM. Book your return flight or train for after 6:00 PM.
- The trip schedule can change. Days of visits to places may shift depending on the availability of stays.
- Rooms are on a triple or quadruple sharing basis, with attached washrooms.
- Homestays and the hotel have running hot water. All stays have an attached washroom, except Nongriat, where the washroom is just outside the rooms.
- These are homestays, not hotels. Please treat the staff with respect and dignity.
- **Meals**
  daily breakfast and dinner are included. Food is regular, nutritious homestay food: rice, dal, bhaji and salad. Cuisine is Indian, as per local preparation.
- **Transport**
  the whole journey is by a privately booked 12-seater or 20-seater minibus.
- **Carrying rainwear is very important**
  bag cover and plastic bags to keep your belongings dry.
- While we move in groups, please stick to the group and do not wander off.
- Kaziranga can be added to this plan, with 2 extra days of travel.
- For trip questions, call or WhatsApp us on +91 8082647928 / +91 8286835202.

Trip Snapshot

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Snowy Roads
Happier Stories

BOOK YOUR MEGHALAYA

with Backpacker Tours

Shillong | Dawki | Mawlynnong | Cherrapunjee | Nongriat

7 Days group Trip

Trip Cost & Inclusions

STARTING FROM

₹0/-

Per Person

- Homestays, hotel & campsite stays
- 7 Days / 6 Nights
- 6 breakfasts & 6 dinners included
- Private 12 or 20-seater minibus (Ex Guwahati Airport)
- Experienced Tour Captain
- Small Group Experience

Cancellation Policy

Days Before Trip	45+ Days	10+ Days	Less than 10 Days
Cancellation Charge	₹5,000 Per Person	₹10,000 Per Person	No Refund

Note: Cancellation charges are per person and are non-transferable. No refund for no-shows or unused services.

Contact Us



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Full details on the "Important Notes" page.

YOUR HIMALAYAN ADVENTURE STARTS HERE

BOOK NOW

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Trip Snapshot

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